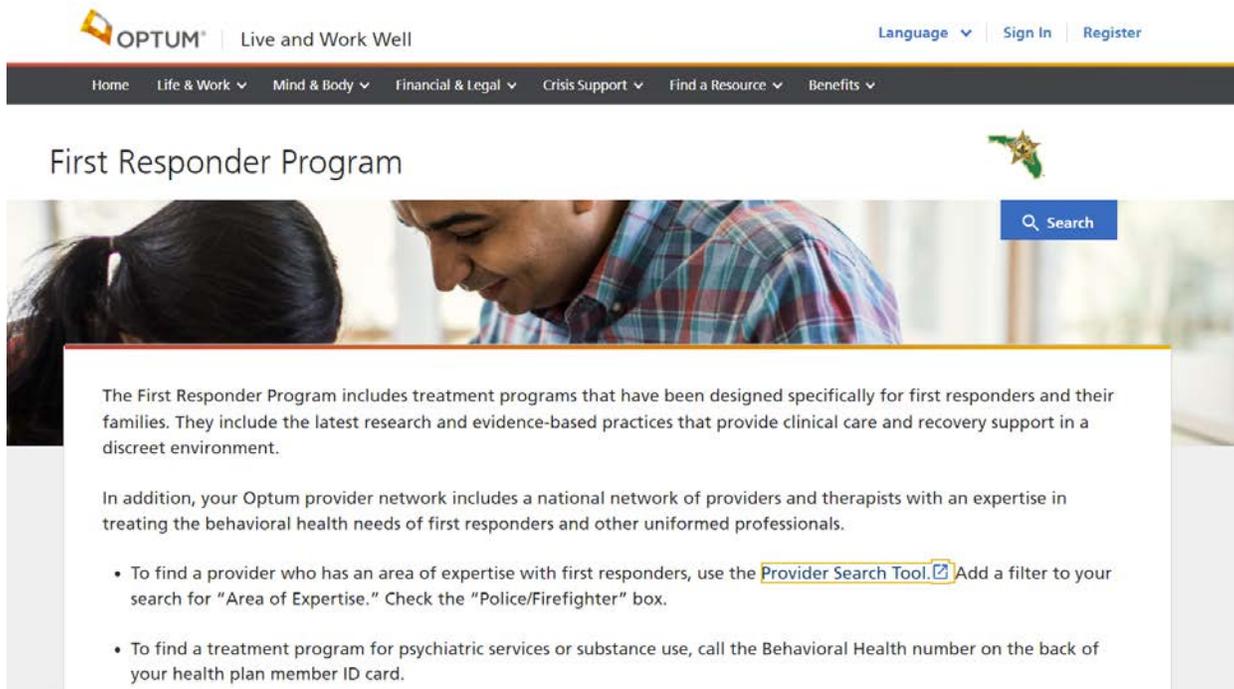


# First Responder Program

Visit - [www.liveandworkwell.com](http://www.liveandworkwell.com)



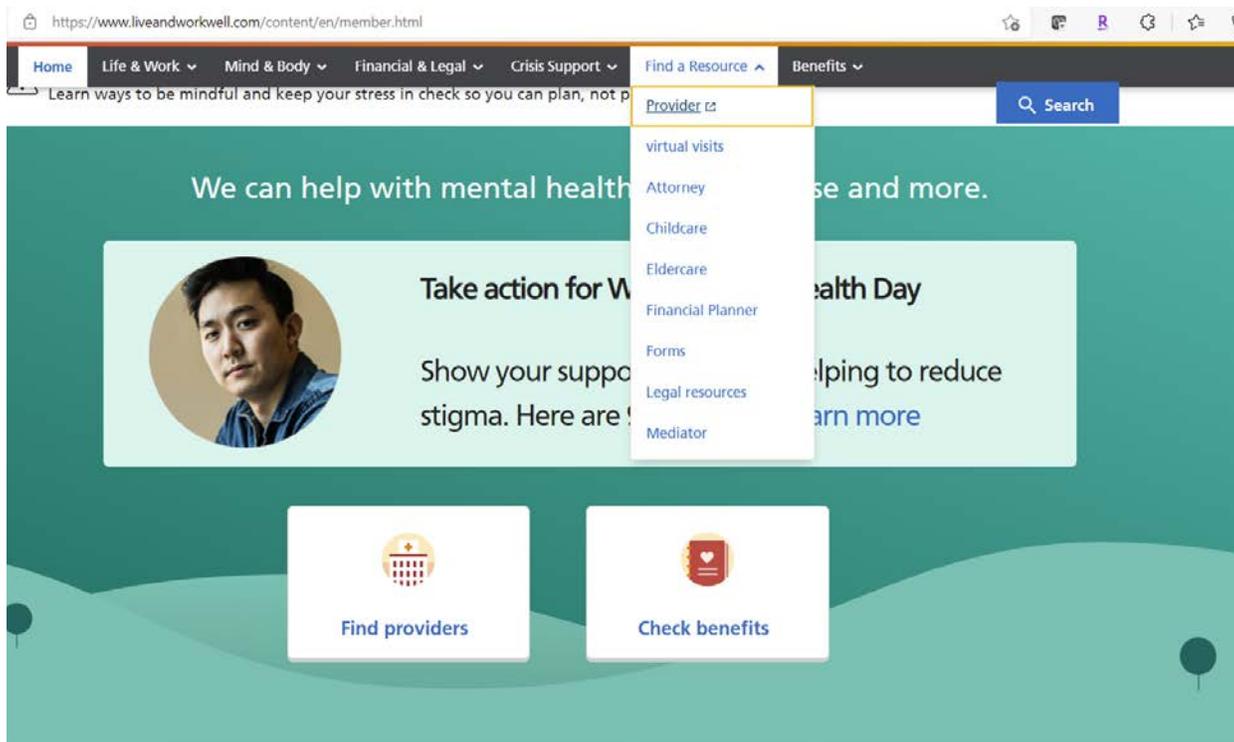
The screenshot shows the top navigation bar with the Optum logo and 'Live and Work Well' text. The main navigation menu includes Home, Life & Work, Mind & Body, Financial & Legal, Crisis Support, Find a Resource, and Benefits. The page title is 'First Responder Program'. Below the title is a search bar and a photograph of a man and a woman. The main content area contains the following text:

The First Responder Program includes treatment programs that have been designed specifically for first responders and their families. They include the latest research and evidence-based practices that provide clinical care and recovery support in a discreet environment.

In addition, your Optum provider network includes a national network of providers and therapists with an expertise in treating the behavioral health needs of first responders and other uniformed professionals.

- To find a provider who has an area of expertise with first responders, use the [Provider Search Tool](#). Add a filter to your search for "Area of Expertise." Check the "Police/Firefighter" box.
- To find a treatment program for psychiatric services or substance use, call the Behavioral Health number on the back of your health plan member ID card.

Click Find a Resource and select provider search tool -



The screenshot shows the 'Find a Resource' dropdown menu open on the website. The URL in the browser is <https://www.liveandworkwell.com/content/en/member.html>. The dropdown menu lists the following options:

- Provider
- virtual visits
- Attorney
- Childcare
- Eldercare
- Financial Planner
- Forms
- Legal resources
- Mediator

The background of the page shows a banner with the text 'We can help with mental health...' and 'Take action for W...'. Below the banner are two buttons: 'Find providers' and 'Check benefits'.

## Select your location

Live and Work Well

English ▾

Search for providers in your network  
specializing in mental health and substance use.

### Seeking "Virtual" Care from Your Home?

Due to recent and temporary rule changes made in response to COVID-19, more of our doctors and therapists in our network are allowed to conduct phone or video sessions ("virtual visits") than our directory may indicate. Make sure to ask all doctors and therapists if they can support virtual visits when discussing your care.

## Find a Provider

Find therapists, psychiatrists, or other clinics in your network.

Enter provider name, keyword or leave blank | Tallahassee, FL 32311 | Search

You can filter by provider types and service descriptions on the next page.

Filter Area of Expertise and select – "Police/Firefighter" to find providers that work specifically with first responders.

**Area Of Expertise** 1 ^  
Anxiety, Substance Use, PTSD

Search Area Of Expertise

- Military & Veterans
- Mood Disorders
- Personality Disorders
- Police / Firefighter**
- Prolonged Exposure
- Schizophrenia
- ...

**Treatment Options** ▾  
Family Therapy, Home Care, Biofeedback

**Facility Specialties** ▾