

TAKE CARE OF YOURSELF AND GET FREE PRESCRIPTIONS AND SUPPLIES

Would you like to receive FREE prescriptions and supplies? The Florida Sheriffs understand the need for medication adherence as well as timely physician visits and testing. Because you are a member of the Florida Sheriffs health plan, we're offering you the opportunity to receive free medications and supplies for your chronic condition(s) when you and/or your spouse/domestic partner **complete at least half of the care pathway activities** listed on FloridaSheriffsHealthPlan.com under the My Health tab.

If you and/or your spouse/domestic partner are diagnosed with **asthma, diabetes, chronic obstructive pulmonary disease (COPD), coronary artery disease (CAD), congestive heart failure (CHF), hyperlipidemia or hypertension**, you will qualify for select \$0 copay medications, by staying up to date with the required care pathway activities.

Your MyQHealth Care Coordinators are available M-F, 8:30 a.m.-10 p.m. ET via phone at **877-711-9778** or via live chat at **FloridaSheriffsHealthPlan.com**, where you can also click on "2020 Incentive Checklist" to learn more.

Based on Nationally Recognized Guidelines

You can keep from having to pay more for your medications by following these steps to feeling your best.

These might even be steps you're already taking. When you've completed half the items listed under your chronic condition, you'll be eligible for free medications and supplies.

ASTHMA

- Get annual flu shot
- Use asthma controller medication*
- Have your annual physical

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

- Get annual flu shot
- Have your annual physical

CONGESTIVE HEART FAILURE (CHF)

- Take a beta-blocker medication*
- Take an ACE or ARB medication*
- Have annual lipid screening
- Have your annual physical

CORONARY ARTERY DISEASE (CAD)

- Have annual lipid screening
- Take a beta-blocker medication after a heart attack*
- Take a cholesterol-lowering statin medication*
- Have your annual physical

DIABETES

- Have HbA1c test at least once yearly
- Have annual lipid screening
- Have annual microalbumin or urine protein test
- Take a cholesterol-lowering statin medication*
- Have an eye exam every two years
- Have your annual physical

HYPERLIPIDEMIA

- Have annual lipid screening
- Take a cholesterol-lowering statin medication*
- Have your annual physical

HYPERTENSION (HTN)

- Take anti-hypertensive medication*
- Have your annual physical

**** If your doctor does not recommend or prescribe any of these treatment options, call your Care Coordinators to receive credit.***

FloridaSheriffsHealthPlan.com

877-711-9778

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Download the app | MyQHealth - Care Coordinators