HOW TO GET STARTED WITH MYQHEALTH

Login

FLORIDA SHERIFFS EMPLOYEE BENEFITS TRUST

MyQHealth.
by QUANTUM HEALTH

Help

Email Address (User ID)

Password

☐ Remember User ID

LOGIN

Forgot User ID?

Forgot Password?

Don't have an account? Register

HOW TO REGISTER

If you haven't already registered on your member portal, let's get started! Here's how:

1. Click on **Register**.

2. Provide the information requested. Anything with an asterisk (*) is required. (Please note that, while not required, your mobile number can be used for account verification via SMS code. Otherwise, we will use the email address you provide.)

3. Click **Next**.

4. A verification code will be sent to your choice of mobile phone, if provided, or email address.

5. Enter the verification code.
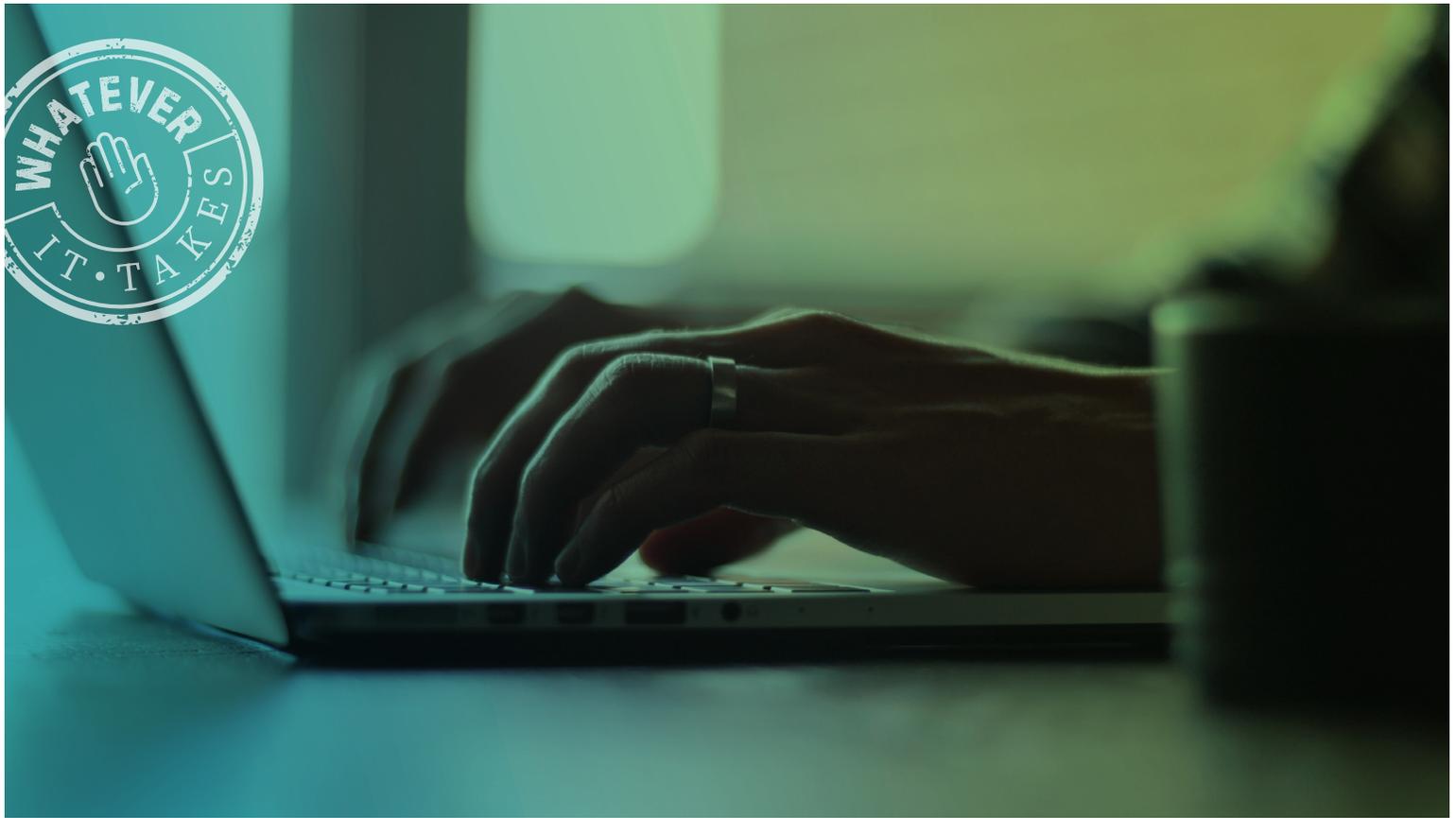
THAT'S IT!

After you register, you'll be able to access claims, search for an in-network provider, and print and save a copy of your ID card.

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877-711-9778
(Monday–Friday, 8:30 a.m.–10 p.m. ET)

Download the app | **MyQHealth - Care Coordinators**

HOW TO CHANGE YOUR PASSWORD

After logging in to the home page, you will see your name in green on the left-hand side.

Below your name, you will see **Settings**. Select it, and click on your name. From here, you will see the option to change your password.

Request ID Card

Please choose how you would like to receive your new ID card.

Download   >   Print   >   Mail   >

HOW TO REQUEST AN ID CARD

How would you like to access your ID card? Click on either **Download >**, **Print >** or **Mail >** to choose your preference.

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